



In order to be in compliance with the required knowledge and skills, as well as with the new Senate and House bills regarding Health Education, Iola ISD's Student Health Advisory Committee (SHAC) is interested in adopting the ESTEEM program for our **5-7 grade**. Iola ISD adopted the ESTEEM program last year for our 8-12 grade Health class.

As part of this process, the SHAC is providing resources on the program, which are posted below. There is also a video of the presentation from our Parent Preview Night.

Frequently Asked Questions:

Q: What Senate and House bills does ESTEEM cover?

A: SB9, SB435, SB123, SB11, and HB125.

Q: Who will teach the Health lessons?

A: For 5-7 grades, the district will select staff members to present lessons based on areas of expertise. For example, the counselors, school resource officer, the nurse, or the science teachers may be assigned to teach lessons that correspond to their area of Expertise. For 8-12 grades, the Health teacher will cover the lessons when your child takes the Health class.

Q: Is Health required to graduate?

A: Iola ISD requires students to have one semester of Health in order to graduate.

Q: When can students take Health?

A: Health is offered to students in 8th through 12th grade, and can be taken at any time in those grade levels.

Q: Why is IISD wanting to adopt ESTEEM?

A: In order to meet the new requirements for Health, we need to add a supplement to our Health textbook. ESTEEM meets all of the requirements for Texas public schools.

Q: Can we opt our child out of the ESTEEM program without penalty?

A: Yes. A permission form will be sent home where you will have to opt your child into lessons. You will have a choice of 3 options.

Q: How much will my child learn regarding sexual education?

A: The program only covers what is required by the state of Texas. Any topics that students bring up that go beyond that, teachers will direct the student to discuss it with their parents, medical professionals, ect.

Q: What are the next steps?

A: Over the next few weeks, we will take any feedback from parents and discuss them at the next SHAC meeting in October. The SHAC will then vote to take it to the school board for adoption approval. The school board will then vote to adopt ESTEEM for 5-7 grades at the October Board meeting.



RESOURCES

View the presentation from our Parent Night on September 26, 2023.
[Parent Night Video](#)

Parents can view the workbooks online by going to:
<https://esteemjourney.com/parents>
Fill out the contact form.
Enter lola's password: HealthJourney23

[5-12 Grade Health Lesson Topics](#)

[Parent Packet](#)

[5th grade Parent Follow-Up Discussion Questions](#)

[6th grade Parent Follow-up Discussion Questions](#)

[7th grade Parent Follow-up Discussion Questions](#)

[Texas Health Requirements & ESTEEM Program alignment](#)

[SAMPLE Program Permission Form](#)

If you would like a workbook, you can [order here](#),
or you can check out a workbook in the high school office.

You can submit your questions to our ESTEEM representative, Tonya Waite, at
tonya@esteemjourney.com or to Kristin Sajewski at ksajewski@iolaisd.net